UCSF newsbreak

NEWS FOR THE UCSF CAMPUS COMMUNITY VOL. 14, NO. 6 MARCH 19, 1999

INSIDE

Five faculty elected to AAAS 2

UCSF reports progress advancing women's health 4-5

Summer camp returns to UCSF 6

Vice chancellors share priorities at forum

BY JEFFREY NORRIS

UCSF vice chancellors Dorothy Bainton, Steve Barclay, Zach Hall and Bruce Spaulding outlined their goals for the next two years and fielded questions from the audience at a recent roundtable presented by the UCSF Academic Business Officers Group.

Improving the representation of women and minorities at all levels in the UC workforce was an oft-stated priority, one "that the campus has struggled with for years," said Barclay, vice chancellor for administration and finance.

(SEE ROUNDTABLE ON PAGE 6)

CHRIS T. ANDERSON

UCSF vice chancellors, from left, Dorothy Bainton, Zach Hall, Steve Barclay and Bruce Spaulding spoke at a recent roundtable discussion hosted by the Academic Business Officers Group.

Researchers test vaccine to guard against HIV

BY CORINNA KAARLELA

The first clinical trial in the Bay Area to test the effectiveness of a vaccine to protect the body against HIV infection was launched last week through a joint project of the San Francisco Department of Public Health and UCSF.

Known as a Phase III trial, the study is part of a three-year, multi-site clinical research effort that is the first in the US to look specifically at this aspect of a test vaccine.

The test vaccine — produced through genetic engineering techniques — is a synthetic product and does not contain any live virus. Therefore, the vaccine cannot cause HIV infection.

The test vaccine product, named AIDSVAX, was developed by VaxGen, a biotech company based in Brisbane. The overall trial is being carried out at more than 50 locations throughout North America with the goal of enrolling 5,000 participants.

The San Francisco research team hopes to enroll 300 study volunteers, according to study co-directors Susan Buchbinder, chief of the HIV Research Section at DPH, and James Kahn, associate professor in the UCSF Positive Health Program at San Francisco General Hospital Medical Center.

"It will take a sustained and probably lengthy effort to develop a vaccine that stops HIV in San Francisco and around the world," says Mitch Katz, director of DPH. "This trial is a new and important step in fulfilling that commitment."

The test vaccine is designed to train the immune system to develop a defense mechanism against the outer covering of HIV so the virus fails to spread throughout the body. It is unknown if this approach will be effective in protecting the body against infection. Learning the answer is the overall objective of the trial.

To participate in the study, volunteers must be adults who currently are HIV negative and at risk for HIV infection through sexual exposure. All volunteers will receive extensive counseling that will focus on reducing the chance of becoming exposed to HIV.

The trial is a "double-blind" study with some participants receiving the test vaccine and some participants receiving a placebo, an inactive substance used as a comparison. Neither the volunteers nor the research staff will know which product is being administered.

The researchers emphasize that this trial involves a test vaccine. They will not enroll anyone whose motive for participation is to use the vaccine as a reason to increase risky exposures by counting on the vaccine to act as protection against HIV.

"Participating in this trial is one way to make an important contribution to HIV vaccine research. But enrolling in this trial is not a replacement for safe sex," Buchbinder stresses.

Organizing the trial involved careful consideration of several ethical issues, adds Kahn.

"The bottom line is that we want all the participants to be as safe as possible — whether they are in the vaccine group or the placebo group — and for this reason, counseling is an integral part of the trial," he says. "If participants follow some of the risk-reduction advice, it may influence the outcome of our trial. That is fine with us. The goal is to prevent new infections. We still feel our results will be valid in learning about the protective nature of a vaccine."

Earlier clinical studies of this vaccine evaluated its overall safety, including how it affected the immune system and whether it caused any adverse reactions in research volunteers. Results of these studies, the phase I and phase II trials, showed the vaccine to be safe in humans so far, and ready for evaluation at the next level.

Study participants will undergo a series of seven vaccine injections over a 30-month period. Blood samples will be taken and other tests conducted at regular intervals. Volunteers can enroll by calling 514-4822.

UCSF works to exterminate Y2K bug

BY PAULA MURPHY

To avert the potential disaster being forecast from the Year 2000 bug (Y2K), systems administrators and programmers from companies and institutions around the world are busily identifying which of their systems need to be fixed or replaced.

In a nutshell: the Y2K bug consists of many problems, the primary one being that many computer programs were written to keep track of dates by using only the last two digits to represent the year, and so those systems will perceive the year 2000 as the year 1900.

A wide variety of other related problems affect electronic equipment such as security systems, automated machinery, medical devices, computers and software. Depending on the problem and the system, the remedy can be simple or difficult.

To minimize potential problems on campus, UCSF has been working for several years on making the campuswide systems that are critical to its mission Y2K compliant. The majority of these systems are already compliant, says Chancellor Michael Bishop, who issued a letter to systems administrators and others last month outlining what work remains to be done.

Although the recently established UCSF Y2K Task Force is working on completing all other campuswide "mission-critical" systems projects, it's up to individual departments to address any Y2K issues that might arise within their own organizations.

(SEE Y2K ON PAGE 7)

Housing available on Treasure Island

BY LISA CISNEROS

The affordable housing shortage will be eased a bit this year when faculty, students and possibly staff at UCSF will be among the first in line to rent apartments on Treasure Island.

Originally created in 1938 to host the Golden Gate International Exposition, the man-made isle will enter a new chapter in its history as former Navy housing is renovated and made available to the public in a couple of months.

Priority access to the 766 multi-family rental units will go first to city workers who provide essential services on the island, second to the same group of people who are not working on the island and third to those working at public colleges affiliated with the San Francisco Consortium of Higher Education, of which UCSF is a member.

Priority will go next to people who live and work in the city and next to those who live and work in the Bay Area. Some 222 units are being set aside for homeless families, according to Lauren Sanborne, vice president of John Stewart Co., the property management firm that is upgrading, marketing and renting the units.

All of the units — offered at below-market rates — have two, three or four bedrooms and are in four- or eight-unit buildings. Most units face yards and the best views are visible from outdoors.

"There's quite a suburban feeling out there," says Irene Agnos, assistant vice chancellor of university advancement and planning. "Units are surrounded by lots of open space."

Some 192 units or 25 percent of the available housing will be made available to consortium member institutions, which also include City College of San Francisco, Golden Gate University, San Francisco Art Institute, San Francisco State University and University of San Francisco.

The consortium is considering proposing that housing be made available to staff whose salaries fall below a certain income level, Agnos says.

A place to call home

UCSF has long suffered from a chronic housing shortage both on and off campus. The demand for affordable rental units is expected to be great in a city where supply is low and rates are among the highest in the nation.

Nearly 200 UCSF students have applied for housing at another former military base, the Presidio, where rental units are being offered to consortium members at reduced rates. About a third of the more than 400 units at the Presidio's Baker Beach Apartments, formerly the Wherry Housing complex, have been renovated and are occupied, says Jenna Miller, director of marketing. "We continue to make about 30 units a month available," she says.

About 50 UCSF students, some of whom live with students from other colleges, have moved into the apartments so far.

(SEE HOUSING ON PAGE 6)

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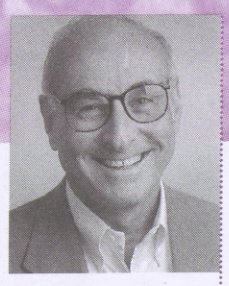

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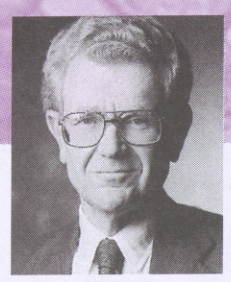

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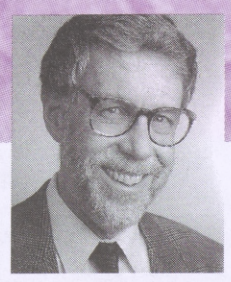

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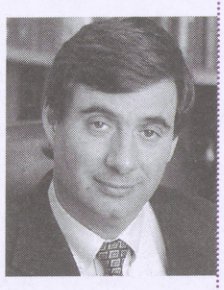

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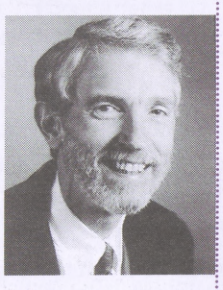

Hall

AAAS elects five UCSF faculty as fellows

Five UCSF scientists were among 288 elected nationwide by the American Association for the Advancement of Science for their outstanding contributions toward scientific or social advancement.

Among those elected as AAAS fellows in 1998 are:

- Ivan Diamond, professor of neurology, who was elected for research on the cellular and molecular basis of alcohol addiction.
- Lee Goldman, chair and professor, department of medicine, who was elected for outstanding research in health care delivery and health policy based on the evaluation of clinical outcomes.
- Zach W. Hall, UCSF vice chancellor for research, who was elected for distinguished research in neuroscience and for biomedical research administration
- Robert W. Mahley, professor of pathology, who was elected for research into the cellular and molecular mechanisms of atherogenesis, particularly for pioneering studies on the structure and function of apolipoprotein E.
- Howard Fields, vice chair and professor of neurology, who was elected for his seminal research on pain, pain control, and analgesic drug action, for investigating nerve injury pain mechanisms, and for improving the care of chronic pain patients.

The awards were presented at a ceremony held on Jan. 23 in Anaheim.

Since 1874, the AAAS has recognized the distinguished efforts of 15,606 of its members by electing them to the status of fellow.

A nonprofit professional society, the AAAS is dedicated to the advancement of scientific and technological excellence across all disciplines, and to the public's understanding of these advances.

AAAS is among the oldest societies in America, having been founded in Philadelphia in 1848. Today, AAAS's worldwide membership includes more than 143,000 scientists, engineers, science educators, policymakers, and others dedicated to scientific and technological progress in service to society.

LISA CISNEROS

Among those who attended the "Building Leadership: A Breakfast Symposium for Women of Color," are seated in front, Liz Pruiett, department of laboratory medicine, left, and Renee Navarro, anesthesiologist, department of anesthesia at San Francisco General Hospital Medical Center.

Women of color unite

Dorothy J. Ladd, a 15-year veteran of UCSF, offered some sage advice to about 75 faculty and staff who gathered at a breakfast symposium for women of color.

"You need courage to be a good leader. Sometimes that means you need to be willing to stand alone and speak out against something," Ladd said in her remarks, titled "Surviving and Thriving in the UC System."

An administrative assistant III in the department of medicine at San Francisco General Hospital Medical Center, Ladd gave practical tips on being promoted. Find a campus mentor willing to help you navigate the University, join campus committees to meet new people and showcase your skills, never talk negatively about your boss in the workplace and, above all, be true to yourself, she said.

Other panelists were Irma D. Herrera, executive director of Equal Rights Advocates Inc., a public interest law group started in 1974 to eradicate gender discrimination, and Amy Liu, a primary care internist at UCSF's BaySpring Medical Group.

More than 100 women could not attend the March 9 event, sponsored by the Center for Gender Equity, due to overwhelming demand and lack of space at the Lange Reading Room.

Five researchers win Osher grants

The UCSF Osher Center for Integrative Medicine (OCIM) recently awarded five researchers with grants to support pilot studies and small projects in integrative medicine.

Established in 1997, the OCIM's mission is to search for the most effective treatments for patients by combining non-traditional and traditional approaches that address all aspects of health and wellness — biological, psychological, social and spiritual. Through scientific research, the OCIM's faculty will document the value of non-traditional treatments and integrate approaches of proven value into patient care.

The new IntraMural Research Support Program awards principal investigators from UCSF with one-year grants of up to $15,000 to study issues related to complementary, or alternative, therapies.

These UCSF researchers and their research projects are:

- Louann Brizendine, associate clinical professor of psychiatry, for a study on "Mood and Well-Being in Postmenopausal Women: Effects of Estrogen, Natural Progesterone, and Medroxyprogesterone in Hormone Replacement Therapy."
- Greg Goddard, assistant clinical professor of dentistry in the department of Oral & Maxillofacial Surgery (Center for Orofacial Pain) for his research on "Acupuncture for Management of Chronic Myofascial Pain of the Jaw Muscles."
- David C. Mohr, assistant clinical professor of neurology, for his research on "Psychosocial Treatment for Depression and Dysregulation of Immune Function in Multiple Sclerosis."
- James L. Sorensen, adjunct professor of psychiatry, for his research on "Methamphetamine Alternative Treatment Study: Pilot Data."
- Debasish Tripathy, associate professor of medicine (Division of Hematology & Oncology), for his research on "Prospective, Longitudinal Cohort Study of Traditional Chinese Medicine (TCM) for Patients with Advanced Metastatic Breast Cancer."

These grants are intended primarily for pilot studies, to assist investigators to obtain extramural funding to carry out meaningful research in the field of integrative medicine, says Andy Avins, assistant professor in the departments of medicine and epidemiology & biostatistics.

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New keyboard cuts hand pain

A study led by UCSF and UC Berkeley researchers has found that a new computer keyboard design can decrease hand paresthesia — numbness, tingling, burning in the hand — experienced by frequent computer users.

"This is the first randomized clinical study to demonstrate that keyboard design can reduce pain in computer users who have hand discomfort similar to symptoms in carpal tunnel syndrome," says David Rempel, UCSF associate professor of medicine and director of the UCSF and UC Berkeley Ergonomics Program. "The study showed that a significant reduction in symptoms is possible with a simple intervention — using springs underneath each key that change the force or feel of the key switches."

Even so, keyboards with new designs do not replace medical interventions. Computer users and health care professionals should not ignore traditional treatments for hand pain and carpal tunnel syndrome.

Given their findings, Rempel and research colleagues recommend the following:

- Health care providers who care for computer users with hand discomfort may recommend a three-month trial of a keyboard with the different key switches.
- Computer users with hand pain should reduce time on the keyboard and take adequate breaks from the computer.
- Computer users should modify work station layout so the keyboard is not too high and so they do not have to stretch to reach for the computer.

Only aggressive anti-smoking ads succeed

A decade of pitched battles over anti-smoking advertising campaigns in California has shown that to succeed these ad campaigns must aggressively expose hypocritical tobacco industry strategies rather than focus strictly on smoking's health effects, UCSF researchers conclude.

Such anti-industry campaigns must have strong support from health advocacy groups to withstand industry attempts to dilute or eliminate them through political pressure on the state government, the UCSF team also finds.

The assessment stems from an analysis of the past decade's fight over the content of anti-smoking advertising in California. The 1988 passage of State Proposition 99 mandated anti-tobacco education, to be funded by a portion of an increased tobacco tax.

The new report, in the current quarterly issue of Tobacco Control, reviews measures and countermeasures taken by the California Department of Health Services (DHS), the office of former Governor Pete Wilson and health advocacy groups to define and influence the content of anti-smoking ads in California.

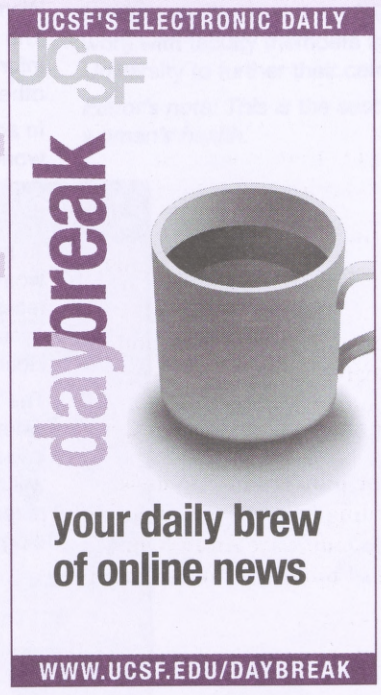
Use of aggressive billboard, television and radio ads — such as one showing tobacco executives denying nicotine's addictiveness; another asking, "Are you choking on tobacco industry lies?" — led to rapid drops in cigarette smoking in the state, the UCSF researchers note.

The Wilson administration shelved these and other anti-industry ads under pressure from the tobacco industry, the researchers report. After the ads were stopped or toned down, the prevalence of smoking increased.

"The data shows that when the tobacco industry succeeded in shifting the focus from the anti-industry ads to educational ads aimed at youth groups, the campaign stopped working and smoking increased," says Stanton Glantz, co-author of the report, professor of medicine at UCSF and a member of UCSF's Institute for Health Policy Studies (IHPS).

As a result, Californians smoked an extra 840 million packs of cigarettes, worth more than a billion dollars, between 1994 and 1998, Glantz estimates.

"The only thing that got the campaign stiffened up a bit was the fact that health groups like the American Heart Association, the American Cancer Society and Americans for Nonsmokers' Rights were willing to go to the mat, putting a tremendous amount of pressure on the Wilson administration," Glantz adds.



Alan Kuo

Postdoc makes most of new lease on life

BY PAULA MURPHY

Good news came last Monday to UCSF postdoc Alan Kuo — after a four-year struggle with chronic myelogenous leukemia, tests indicate he is free of the disease.

"I'm doing amazingly well," says Kuo, who experienced a relapse just a few months ago. "There's reason to be upbeat." The test showed no sign of leukemia and his chances of relapse have dropped from 40 percent or higher to below 10 percent. "This is the best I can actually hope for statistically," Kuo says.

CML, as his disease is called, is a fatal condition with a median survival rate of three years. Kuo, who has beaten all odds so far, underwent a bone marrow transplant in December 1997 after an international search for a donor match. But it is only now that he can finally breathe a sigh of relief.

"It lifts this huge emotional and psychological burden off of my shoulders and especially off of my loved ones," he says. "I was kind of depressed for the last few months, after having gone through so much effort, pain, time and money, etc., trying to survive and then having this potential setback. This kind of turnaround is just fantastic."

Although he is feeling the best he has in years, he has had to accept that he will never be the healthy person he used to be. Nevertheless, the optimistic Kuo is learning to make the most of his new lease on life.

In fact, he is driving again, cooking, doing household chores, things he is thankful just to be able to do. But, because he is still immunosuppressed, he has to restrict his activities and be careful to avoid germs. "My girlfriend and I went to a movie the other night but we made sure it was a movie that's been out for a long time so not many people would be there. It's those kinds of things I have to consider," he says.

Kuo, who studies molecular parasitology, is also working more than he has in a long time, mostly from home. He cannot work in his UCSF laboratory because it specializes in opportunistic pathogens, exactly the things an immunosuppressed person must avoid.

One of the biggest challenges in fighting CML, Kuo says, was having to lower his expectations of himself and to form a new concept of normalcy. "I spend a lot of time just sitting on the couch, which is a far cry from my former conception of how one should live his life," he says. "I was a very hyperactive person, very demanding on myself, always on the run doing things — not uncommon among UCSF people. At first it was very difficult to accept but I've had a year to accept it. I don't kick myself anymore for being less competent."

Kuo, 35, received his PhD in oceanography five years ago from the MIT/Woods Hole program. He came to UCSF in 1995 to do microbiology research but a month after arriving he was diagnosed with CML. "I came to UCSF to get medical training but got more than I expected," says Kuo with his trademark sense of humor.

Kuo found out he had the disease after going to the ophthalmologist to get a new pair of glasses. He had not been to a doctor for several years because he lacked adequate health insurance as a student. So when he arrived at UCSF as a postdoc, he immediately took advantage of his health benefits.

The ophthalmologist looked at Kuo's retinas and saw that there was evidence of hemorrhaging in both eyes. He ordered a blood test, which found that Kuo had 50 times the number of white blood cells than he should have. "They said it was amazing that I had not had any symptoms," he says.

After being diagnosed, Kuo spent the next six months in good health, traveling, working and simply enjoying being in a new city. He even spent a month backpacking in Southeast Asia. "I came back and then began serious attempts to treat the disease. My six months were up," he says.

Kuo was put on Interferon for two years, but the treatment did not work. During this time he was looking for a bone marrow donor, but did not begin a "serious" search until his condition worsened in 1997. After creating a web site to attract potential donors, getting the word out to Asian registries, and enlisting friends at UCSF and UC Berkeley to hold donor drives, Kuo finally found a match.

Since the transplant, Kuo has been in and out of the hospital with various secondary diseases, never sure when leukemia might strike again. His recent clean bill of health has him celebrating and thanking those who have helped him through his grueling ordeal.

Kuo gives his doctor, UCSF oncologist Hope Rugo, much of the credit for his recovery and says he has a new appreciation for the basic goodness of people.

"I trust people more now," Kuo says. "What impresses me is that people are wonderful. They have hearts of gold."

women ♀ work

Striving for equity in women's health

BY ABBY SINNOTT

While tomorrow's annual Women's Health 2000 and Teen Health 2000 symposia is a highly visible sign of UCSF's commitment to improving the health of women, many of the activities and accomplishments in this area occur behind the scenes.

Whether it's publishing a handbook for researchers designed to foster interdisciplinary collaboration or mentoring young female faculty members through their academic careers, the UCSF Center of Excellence (COE) in Women's Health has had a hand in it.

Research

UCSF's researchers have long been at the forefront of women's health and are filling the knowledge gaps in many areas such as osteoporosis, heart disease, hormone replacement, incontinence and breast cancer.

However, despite the sophistication of women's health research at UCSF, traditionally, insufficient attention has been paid to health conditions affecting women. One source of this inadequacy is that the amount of federal funding to support research in women's health has been significantly lower than funds granted to other research interests. In addition, women have been historically excluded as subjects in many of the funded clinical trials in areas critical to women's health. An example of this is heart disease — the number-one killer of women in the US.

"In the past, heart disease was studied as a problem mainly affecting men, and women were not included in most studies," says Rita Redberg, UCSF associate clinical professor of medicine and anesthesia and co-director of the COE. "In the last 20 years, we have made incredible advances in the understanding of heart disease and its risk factors for women," she says.

Yet Redberg's latest research points to a continuing disparity in treatment for heart disease. In her recent study, she found that women with known or suspected heart disease receive less aggressive treatment than men even though they are just as willing to agree to a doctor's recommendation to undergo invasive cardiac procedures. The implications of this study are that physicians need to be more conscientious about offering men and women the same treatment options, Redberg says.

Although some gaps still exist in the treatment of women and in women's health research, in the early 90s, under the leadership of Bernadine Healy, the National Institutes of Health (NIH) began to require that women be included as subjects in all federally funded research trials.

For its part, the COE developed a "Step-by-Step Recruitment Manual," which is intended to enhance the inclusion of diverse women in research trials. To focus on significant health concerns of women, the COE also holds several "Bench-to-Bedside" forums that promote the distribution of research findings and dialogue among researchers, clinicians and community members.

UCSF's active interest in women's health research is also reflected in the Women's Health Researcher's Directory created last March by the COE. The book aims to foster multidisciplinary research and contains contact information on more than 400 women's health researchers at UCSF and other research institutions in the Bay Area.

In addition, the COE established women's health grand rounds and networking receptions that take place on the first Wednesday evening of each month. These sessions provide faculty with a chance to discuss their current research projects with colleagues and medical students.

To help support biomedical, translational and clinical research relevant to women's health and to develop the next generation of strong physician researchers in this area, the NIH granted UCSF's department of obstetrics, gynecology and reproductive sciences $2.2 million to establish a Woman's Health Research Career Development (WRHR) Center last November.

The WRHR center's mission is to promote health and prevent disease in women by expanding the pool of well-trained, imaginative, productive investigators in the field of women's reproductive health. The program will also foster successful collaboration among obstetrician-gynecologist researchers and those in other disciplines such as physiology, epidemiology and biostatistics.

PHOTOS BY LISA CISNEROS

UCSF honors advocates for women

Five UCSF women were honored March 8 for their contributions to women on campus and in the community.

Chancellor Mike Bishop acknowledged that while great gains have been made in the advancement of women at UCSF, "we still have work to do. But today, we pause to celebrate our successes."

"I hope that men will prove themselves worthy of this prestigious award, especially as the campus strives to achieve gender equity," he said.

This year's winners of the Chancellor's Award for the Advancement of Women are at top from left, students Julia Owens, Sharon Stranford and Liz Haswell and above, from left, faculty member Deborah Grady and staff member Sandra Canchola.

Grady, associate professor of epidemiology and biostatistics and medicine, is well respected as a mentor for women medical students, residents, fellows and junior faculty.

Canchola, a staff research associate in the department of anatomy and the Keck Foundation for Integrative Neurosciences, has been an advocate for women as a member of the Chancellor's Advisory Committee on the Status of Women, the Council of Minority Organizations and the Chancellor's Committee on Diversity, among other groups.

Owens, Haswell and Stranford were nominated together for their collaborative contributions to women at UCSF, particularly their dedication and energy to the Women In Life Sciences (WILS). Run by UCSF graduate students and postdocs, WILS aims to enhance the experience of women scientists at UCSF through education and support.

UCSF hosts women's health conference

UCSF sponsors the Sixth Annual Women's Health 2000 conference tomorrow, Saturday, March 20, from 8:30 a.m. to 4:40 p.m., on the Parnassus campus.

Experts will present more than 25 sessions on issues, concerns and challenges women face in seeking health and wellness. A program for teens, ages 13 to 18, coincides with the conference for women.

Newly elected State Senator Jackie Speier (D-San Mateo/San Francisco) is the keynote speaker. Speier has been a champion for women, children and families throughout her career.

Fees are $40 for women, $30 for seniors and $10 for teens. For more information on either event, call 263-0321.

Education

Over the past decade, women's health has emerged as an important body of knowledge in medicine. Women's health care has grown beyond the narrow definition of reproductive health and includes the health, development and illness of women throughout their lifetime.

"For many years, 'women's health' has been synonymous with obstetrics and gynecology, but it really means learning about illnesses that are more common and serious in women, and which present differently in women and therefore need to be managed differently," says Hilarey Bhatt, UCSF clinical instructor of medicine, who is working with the COE on medical curricular projects.

She believes that the change in the definition of women's health is a direct result of women becoming more involved in their own health care and serving as advocates for understanding the important gender differences in women's and men's health.

With the recent increase in funding of research for women's health, there is an abundance of new information on women's health and illness. The COE believes that the integration of women's health in the medical school curriculum should span all disciplines and requires a concerted effort from faculty, administrators and students.

Working with medical students and course directors, the COE conducted a comprehensive assessment of the women's health curriculum across the required courses in all four years of medical school. The COE assessment identified examples of excellence in the teaching of women's health at UCSF as well as opportunities for improvement.

"The COE has heightened the awareness of the importance of women's health in the UCSF curriculum and provided some resources to explore and implement change," Bhatt says.

The COE's women's health education model proposes adopting a new definition of women's health; describing core competencies for women's health; identifying where in the curriculum women's health should be integrated; and developing strategies to ensure integration of multidisciplinary women's health information.

Through a 1997 Association of American Medical Centers nationwide survey of students, the COE was able to learn how UCSF's coursework rates among other medical schools. The survey asked graduating medical students to evaluate the time devoted to instruction in women's health, human sexuality, family/domestic violence and termination of pregnancy.

With a 100 percent response rate, most UCSF graduates — 82.8 percent — described the University's instruction in women's health and human sexuality as "appropriate." Only 14 percent rated women's health instruction as "inadequate" and 8.3 percent rated human sexuality training as "inadequate." By comparison, 73 percent of graduating students at all other medical schools surveyed described their women's health training as "appropriate" and 23.6 percent rated it as "inadequate."

When surveyed about instruction of family/domestic violence and termination of pregnancy, 70 percent of UCSF students rated time spent on family/domestic violence as "appropriate" and 27 percent said it was "inadequate." And 59 percent of UCSF students said time devoted to termination of pregnancy was "appropriate" and 27 percent said it was "inadequate." By comparison, nearly half of students at other schools rated time devoted to termination of pregnancy as "inadequate" and 33 percent said time spent teaching family and domestic violence was "inadequate."

Leadership

The Chancellor's Advisory Committee on the Status of Women and The Center for Gender Equity, formerly the UCSF Women's Resource Center, have long been institutional champions for women at UCSF. The COE joins these groups in setting priorities to increase the number of women in leadership positions at UCSF. While more women continue to enter medical school — UCSF has a record 60 percent of women in its first-year class — there is chronic under-representation at the higher levels of academic medicine, faculty say.

To help enhance the recruitment, retention and promotion of women at UCSF, the COE developed a leadership plan. The COE is attempting to meet these goals outlined in that plan by mentoring women for leadership positions, assuring that women are paid and promoted equitably, and recruiting women faculty to appropriate academic tracks, especially those that may lead to leadership positions.

"The designation of the COE has provided a new structure and forum for women and leadership at UCSF," says Diane Wara, UCSF associate dean for women and minority affairs, who worked with the COE on developing a leadership plan for women at UCSF.

In addition, the COE is required by federal funding to propose strategies that will lead to employment equity between female and male faculty. With the support of School of Medicine Dean Haile Debas, some of the strategies the COE has developed include increasing the number of women division chiefs, clinical section chiefs and vice chairs; determining why women elect to leave UCSF; and continuing to decrease sexual harassment and other forms of gender discrimination, Wara says.

UCSF has made some progress in employment equity. Ten years ago, the School of Medicine had only 50 women who reached the professor level compared to 398 men who ranked as professors.

As indicated in the chart shown below, the total number of women faculty employed in the UCSF School of Medicine has more than doubled, from 150 in 1985 to 387 in 1998. But a huge disparity still exists between women and men who are ranked as full professors. Of the total of 387 female faculty members in the medical school, only 83 of them, or 16.3 percent, are ranked as full professors compared to 432 men, or 83.7 percent.

However, UCSF has a better record than the national average of 10.7 percent of women ranked as full professors at medical schools, according to a 1997 benchmark survey conducted by the American Association of Medical Colleges. In 1997, UCSF's medical school had 13 percent of women working as division chiefs and 7 percent as deans, while the national average had 5 percent and 3 percent in those posts, respectively.

The COE believes that one way of increasing the number of women in positions of leadership is by mentoring and advising them early in their careers on how to navigate their way through UCSF.

Last year, Sarah Kilpatrick, UCSF associate professor and director of obstetrics, was selected with the support of the School of Medicine's office of the dean to participate in the Hedwig van Ameringen Executive Leadership in Academic Medicine Program for Women, the only national program that prepares women for senior leadership positions at academic health centers.

In addition to supporting UCSF female faculty, the COE is strongly committed to mentoring women outside the University to increase the number of females in academic medicine and health care. The COE has an active internship program for high school, college, graduate, and medical students who are interested in careers in women's health. Interns work with faculty members from various departments within the University to further their career goals.

Editor's note: This is the second of a two-part series on advances in women's health.

Distribution of full-time school of medicine faculty by gender and rank—1998

	Female		Male	
Rank	Number	Percentage	Number	Percentage
professor	84	16.3	432	83.7
associate professor	91	34.6	172	65.5
assistant professor	175	37.6	291	62.5
instructor	37	44.0	47	56.0
1998 total	**387**	**29.1**	**942**	**70.9**
1997 total	**377**	**28.4**	**955**	**71.6**
1995 total	**352**	**26.2**	**993**	**73.8**
1985 total	**150**	**16.5**	**782**	**83.5**

Source: UCSF School of Medicine

Summer camp enrollment begins Thursday, March 25.

Summer camps return to UCSF

UCSF summer day camps, run by Millberry Programs & Services and Outdoors Unlimited, will begin their eighth season on Monday, June 14 after a one-year hiatus.

Serving the children of UCSF students, employees and the general community, the philosophy of the camps is to foster exploration and awareness and appreciation for the outdoors. UCSF day camps choose fun and engaging activities that suit a child's age and interests, blending traditional camp crafts with adventure and outdoor education into two-week sessions.

"It's going to be a great, great summer," said Jolie Karno, who was recently hired as director of the day camps.

UCSF will offer an updated version of its three programs: Sea Lions Discovery camp for 6 to 8 year olds, Bobcats Discovery camp for 8 to 11 year olds, and Bay Area Explorers for 9 to 12 year olds.

UCSF students, staff and Millberry members can register beginning Thursday, March 25, from 7 a.m. to 7 p.m., at the MU fitness center, 500 Parnassus Ave. The general public can begin to register Friday, March 26, from 7 a.m to 7 p.m., Ongoing registration hours will be available by calling 476-1469.

A non-refundable $50 deposit is required for each registration space and registration must be done in person. For more information, call 476-1469.

(ROUNDTABLE FROM PAGE 1)

Bainton, vice chancellor for academic affairs, cited the goals of improving morale and establishing a campuswide code of conduct, one that would address issues such as honesty and politeness, and that would complement a code recently developed by UCSF Stanford Health Care. A search is nearing completion for the University librarian, Bainton added.

Zach Hall, vice chancellor for research affairs, spoke of the need to complete key recruitments for a new director of animal care and an assistant vice chancellor for university-industry relations. Hall mentioned ongoing plans for the expansion of UCSF at Mission Bay, and continuing efforts to organize basic and clinical research with regard to which programs will move to or be established at Mission Bay and which will be situated on Parnassus.

Hall also highlighted the need to improve the administration of research grants and a pilot project with that aim now under way within the School of Medicine.

Regarding his goals, Spaulding, vice chancellor for university advancement and planning, said "the most important is to maintain our relationships with our neighbors and the broader community."

Spaulding referred to struggles more than two decades ago to expand on the western side of the Parnassus campus, which saddled UCSF with a space limit preventing future growth, and to costly battles to expand research activities at Laurel Heights and UCSF/Mount Zion. He credited the efforts of the Community Advisory Group for vastly improved community relations. Spaulding pointed out that in addition to Potrero Hill and the houseboat community living in the channel adjacent to the Mission Bay site, a new group of neighbors will arise as a result of Catellus Development Corporation's plans to build 6,700 units of housing on site. Spaulding also emphasized the need to raise $250 million over the next two years to support established UCSF development plans at Mission Bay.

Barclay noted that his two-year goals are spelled out in print in the "Vice Chancellor for Administration and Finance Strategic Plan," but specifically mentioned the goals of improving services, diversity, information technology, and the quality of the work environment. Concerning diversity, Barclay said, "we haven't done enough to address the problem," which he said will require clear leadership, a budget, expectations and accountability.

In response to a question, Barclay said that no definite plans had been made for UCSF to build its own housing at Mission Bay, but said that housing would be a priority.

(HOUSING FROM PAGE 1)

As with Presidio housing, all rental units to be offered at Treasure Island will be on a first-come, first-served basis.

It will take about two years before all units are renovated and leased at Treasure Island, Sanborne says. "We're accepting names and will be mailing out applications and more information in the next 30 to 60 days," she says.

While Treasure Island offers stunning views of the sea and city skyline, a short commute to the city and an elementary school, common conveniences such as a gas station, coffee house and grocery store vanished when the Navy did. Such development will lag behind the availability of housing.

"There's a lot of interest from different types of service providers so we don't expect it will be long before they move to the island," Sanborne says.

Rent at Treasure Island, including utilities, will range from $1,550 for a no-view, two-bedroom, 1.5-bathroom flat and $2,160 for a four-bedroom townhouse with two bathrooms and a spectacular view.

The rates are below market because the apartments are exempt from the city's rent control laws under a law that authorizes government agencies to set their own rates. In this case, the Treasure Island Development Authority, a city agency that is leasing the property from the Navy, has set the rates.

Apartments, some of which are more than 30 years old, are furnished with carpet and blinds, major appliances, including refrigerators and dishwashers, washer-dryer hookups and lots of storage and parking spaces.

For more information on Presidio housing, contact the Presidio Residential Management Office, Building 210 (on Lincoln Boulevard near the Burger King) or call 561-5454. For more information about the housing at Treasure Island, call the Stewart Co. at 391-4321. Stewart Co. will open a housing office on Treasure Island in the next few weeks.

Beware of computer theft

UCSF has been hit in recent months by a rash of computer thefts, police say. Already this year, police have received 20 reports of computer theft — 15 in February alone — compared with 30 such reports in all of 1998.

"A lot of these thieves are opportunists," says Lt. John Fox. "They're stealing computers more and more. We're seeing a pattern."

The most common model of computer stolen is the laptop, most of which are not secured when stolen, says Fox. Computers have been taken from various UCSF locations, including Laurel Heights, the School of Dentistry, Millberry Union, Long Hospital, and UC Hospital. Fox estimates that the February equipment losses have amounted to more than $50,000.

Campus police say that when a computer is stolen, its contents are always worth more than the actual cost of the computer, thus adding to the lost cost in the amount of time spent retrieving files from the backup or reconstruction of data from the last backup.

In order to prevent theft, police suggest that all computers be secured, either by lock, or by storing them in a locked cabinet or room. The Source in Millberry Union sells cables that attach to Macintosh laptops and various brands of hard drives, which can then be secured to a stationary item.

In addition, the Police have tips for preventing computer theft:

- When purchasing a new computer, buy a locking device, too.
- Conduct regular inventories. You should have at least the following information about your computer: make, model and serial number. UC equipment should have a property number.
- Report the theft of computers immediately to the UCSF police. The stolen item's numbers will be entered into the National Crime Information Center's (NCIC) database.
- Keep the keys for the cable locks in a secure location (some departments have a lock box with department keys).
- Regularly back up all critical files on your computer.

In addition to computer thefts, campus police warn the UCSF community of a different kind of computer crime — the con.

Police received a report on Feb. 25 of a male selling a computer in front of the Medical Sciences Building. The suspect displayed a laptop computer, asking the victim if he would like to purchase it for $300. The suspect told the victim that it was identical to the computer he was also carrying in what appeared to be a sealed computer box.

A deal was struck and the victim immediately went to an ATM, withdrew cash, and met the male in the company of a second male at their car. The money and the sealed laptop computer box were exchanged. The males departed and drove westbound on Parnassus Avenue and out of view.

When the victim opened the box he discovered that it contained only bricks and paper but no computer. Sidewalk business transactions of this type are almost always phony and illegal, police say.

Campus police are asking for the public's help in solving this crime. Those with any information regarding this incident or any other similar incident, should contact the UCSF police at 476-1414 and refer to case number 99-02-108.

On-campus SAS Training at UCSF

The UCSF Library's Data Management Services (DMS) office will provide an SAS programming course in response to the widespread need among UCSF researchers for customized training in the statistical software known as SAS.

A course beginning Friday, April 30 is intended to launch a series of on-campus SAS training courses that enable researchers to tailor classes to their own needs. All courses will allow researchers to work with their own data in class so they can apply SAS to their current research as quickly as possible.

The first class, "A Review of Basic Data Management and Statistical Analysis Using the SAS System," is a three-session refresher class for faculty and staff that will cover data management, basic and intermediate level programming, and a review of selected statistics, all using SAS.

The course design will allow for plenty of practice time and individual student attention. Each session will consist of 3 hours of instruction followed by lab time to practice what was learned. The 3-day course spans consecutive weeks with exercises in between to reinforce learning and avoid information overload. A teaching assistant will assist the instructor throughout the course, each student will have his/her own computer, and class size will not exceed 12 students.

The class will be held over the Fridays of April 30, May 7, and May 14, from 9 a.m. to 1 p.m., in the Interactive Learning Center on the second floor of the UCSF Library. The attendance fee is $600. Please register by Thursday, April 15; go to the Data Management Services web site www.ckm.ucsf.edu/dms or call Janet Cowan, DMS Manager, at 502-7568.

campus notes

BRC gets phone message center

The UCSF Biomolecular Resource Center (BRC) has a new phone directory — to access it dial 415/514-0101 and select the service you wish:

- For DNA Sequencing, press 1
- For Oligo synthesis, press 2
- For NEB enzymes, press 2
- For peptide synthesis, press 3
- For protein sequencing, press 4
- For BRC administration, press 5
- For BRC personnel, press 6

The BRC provides state-of-the-art, instrumentation-intensive biotechnologies to the UCSF community and offers a full range of protein and nucleic acid services, including synthesis, sequencing, purification and analysis. For more information, visit the new BRC web site at www.ucsf.edu/brc.

Sign up for new non-smoking class

UCSF/Mount Zion Medical Center is offering a new Smoking Cessation & Relapse Prevention course called "Success" led by Paul Brunetta, a pulmonary and critical care specialist whose work is focused on tobacco education, nicotine metabolism and the evaluation of patients living with lung cancer.

This month-long interactive course will focus on the following: smoking and health, addiction, strategies for quitting, and motivation. Participants will meet on Wednesdays from 5:30 to 7 p.m. each week.

Participants will receive written materials, which they may keep, and the program will lend them videotapes. If participants have documented smoking cessation at 12 months, the initial $50 registration fee will be refunded. For more information and to register, call 885-3693.

Clinical research has new web site

The department of medicine Clinical Research Office has announced the creation of its new web page, found at http://medicine.ucsf.edu/divisions/cr/.

Now part of the department's web site, the Clinical Research Office site offers information on what they do, who they are, as well as contact information. The web site allows users to search for clinical research faculty, biological specimen repositories and patient registries at UCSF. Users can also find out about events and funding opportunities.

Ideas or suggestions regarding the design and content of this web site are welcome and should be forwarded to Darlene Rosenzweig, assistant director of clinical research, at darlener@medicine.ucsf.edu.

Cancer research funds available

The UCSF Cancer Center is seeking investigators interested in conducting novel cancer research.

The Alexander and Margaret Stewart Trust has chosen UCSF among five organizations considered outstanding cancer research institutes to receive funds for pilot projects exploring novel theories of cancer research.

Research of incremental improvements in chemotherapy, surgery and/or radiation would not qualify. Awards will be between $25,000 and $37,500 and applicants must be Cancer Center members. Application deadline is Thursday, April 1. To download application forms, go to the Cancer Center web site at: http://cc.ucsf.edu/intramural or for information, call 476-9727 or e-mail: ccadmin@cc.ucsf.edu.

Fermentation facility returns

The microbiology department has announced the return of the fermentation facility. Researchers are able to grow 12 or 60 liter quantities of E. coli or Saccharomyces cerevisiae (other organisms will be considered on an individual basis). Increased aeration can provide rapid and superior yield of high-quality material.

The facility includes:

- on-campus use of New Brunswick MPP 60L or SF-116 12L fermentor and full technical support;
- Pellicon Filter is used to rapidly harvest cells from 12 and 60 liter batches.

Please note that users must provide media, inducer, and containers for collection. Principal investigator and Biosafety approval required. For more information, contact Jonathan Koolpe at 476-9371 or email him at jkoolpe@itsa.ucsf.edu.

Donate cars

The Hospitals Auxiliary of the UCSF Medical Center, part of UCSF Stanford Health Care, is accepting donations of used vehicles to benefit patients. The auxiliary will handle towing and paperwork. Contributions may be tax deductible in accordance with Internal Revenue Service rules and regulations. Call 649-1340 for more information.

Summer job openings

Three or four training assistants are wanted to participate in the UCSF Summer Research Training Program, which is designed to increase student diversity in the UC graduate and professional school programs.

The training assistant (TA) positions are open to all UCSF graduate students who have had prior experience in basic or health science research.

The TA's primary responsibility is to assist summer students in all areas of the program. Duties include attending TA meetings, meeting with students, faculty mentors, postdocs, graduate students or project supervisors on an as-needed basis, assisting and counseling students and organizing and participating in social activities.

Each TA will receive a fellowship appointment with the Graduate Division and a stipend of $2,500 for a ten-week period, June 7 through Aug. 13.

Applicants should send their curriculum vitae and a letter of interest to Carol Landa, assistant dean of the Graduate Division, Box 0244. For more information, call 476-1558.

LISA CISNEROS

Among those participating in the vendor fair was David Allen, representative of Océ USA Inc., a company that sells digital photocopiers and printers that do not use toner or developer.

Green day at UCSF

More than 150 members of the campus and greater Bay Area communities attended UCSF's free "Environmental Ethics for the New Millennium" fair and seminar held Feb. 23 at Laurel Heights.

The day-long program featured seminars on how to procure earth-friendly paper products and energy-saving equipment and a vendor fair featuring some "green" products. The event was sponsored by the Facilities Management's Water and Energy Awareness and Recycling programs and the department of public affairs.

UCSF is one of the first universities to provide this type of forum promoting the use of environmentally sustainable products.

Jason Mavis, assistant vice chancellor for Facilities Management, said the event is only one step in an ongoing process. "I hope out of this comes a long-term commitment on the part of the campus to improving the use of energy and materials and to being committed to improving the environment."

(Y2K FROM PAGE 1)

To facilitate this process, a UCSF Y2K Office has been established that acts as a clearinghouse of Y2K information and procedures. The number to reach the office is 514-2000 (4-2000) and the email address is y2kinfo@its.ucsf.edu.

A UCSF Y2K web site (www.ucsf.edu/y2k/) has been created to address the particular needs of the campus. The site includes answers to common questions and an update on the campus' Y2K status, as well as a schedule for training sessions.

"Every department is responsible to ensure that the equipment and software they depend on is either free of these problems or affected in ways that are known and acceptable," wrote Bishop.

UCSF launched a series of two-hour training sessions on March 1 that will continue next month. All sessions meet at 10 a.m. in the Lange Reading Room, fifth floor of the campus library. The first hour, which everyone with Y2K responsibilities is highly encouraged to attend, is all hands-on training with coverage of the risk and the UCSF standard approach to fixing the problem. The second hour is guided research for those doing the work, using the Internet and other sources to get the information on software and equipment to find, fix and test Y2K problems.

In his letter to UCSF systems administrators, Bishop also highlighted the five steps campus departments need to take to ensure Y2K compliance and assured systems administrators and other key personnel that they will have all the support they need to get through the next year safely.

The first step is to inventory all assets with potential problems. The target date for completing this initial inventory of all potentially affected departmental "mission-critical" assets is Friday, March 19, according to the UCSF Y2K Office. This office has made the process easier by providing Excel spreadsheets [http://itssrv1.ucsf.edu/y2k/toolkit/what.html] that list the major types of risk and help assess departmental risk.

The four remaining steps are:

- research what needs to be done for each asset;
- fix or replace the affected equipment or software as appropriate;
- test solutions;
- make contingency plans in the event of failure of important systems.

think before you throw

17

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UCSF

Facilities Management
Recycling Program

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calendar

March 20–April 2, 1999

20 saturday

WOMEN'S HEALTH SYMPOSIUM: See page 5 for details.

22 monday

DEAN'S RESEARCH SEMINAR: Keith Yamamoto, professor and chair, cellular and molecular pharmacology and professor, biochemistry and biophysics and Eric Small, associate clinical professor, medicine and urology and head, urologic medical oncology section, division of hematology/oncology, present "Signal Transduction by the Androgen Receptor: Hormone Sensitivity and Resistance in Prostate Cancer," 3:30 p.m., N 225, Parnassus; video relay: Mount Zion, Herbst Hall and VAMC, Bldg. 203, Rm. 1A32. Sponsored by the School of Medicine.

CANCER CENTER FORUM: David Bullard, an experienced speaker and therapist, presents "Communicating From the Heart: Cancer Intimacy & Sexuality," 5:30-7:30 p.m., 2356 Sutter St., 1st Flr. Sponsored by the Cancer Resource Center. To RSVP or for more information, call 885-3693.

FOR YOUR EYES ONLY: Stephen McLeod, assistant clinical professor, ophthalmology, cornea and refractive surgery service, presents "Better Vision Now," 6 p.m., 8 Kirkham St. Learn new surgery options for vision correction. Free. Call 476-5021.

QI GONG CLASS: Millberry Programs & Services offers this ancient form of Chinese meditation Monday evenings, 8:15-9:30 p.m., through March 29, MU Fitness Center, Parnassus. Fee. To enroll, call 476-0350.

23 tuesday

GRAND ROUNDS: Charles McNeill, associate professor and director, center for TMD and orofacial pain, presents "Update on TMD," 8 a.m., C 701, Parnassus. Sponsored by the department of oral & maxillofacial surgery.

ON TREATING PAIN: The School of Nursing's Research Center for Symptom Management presents a lecture by Mitchell Max, chief, clinical trials unit, National Institute of Dental and Craniofacial Research, National Institutes of Health, titled "Challenges in the Design of Clinical Trials for the Treatment of Chronic Pain: From Glutumate Receptor Antagonists to Acupuncture," noon -1:30 p.m., N 225, Parnassus.

DIVERSITY & RESEARCH: The UCSF Center for Aging in Diverse Communities and the Medical Effectiveness Research Center for Diverse Populations sponsor "Health Research in Communities of Color: Are We Making a Difference?" 4-8 p.m., Laurel Heights Campus, 3333 California St. For more information, call 476-9933.

BEGINNER SNOWBOARDING: Outdoors Unlimited offers a "Snowboard Clinic for Absolute Beginners." This clinic is for all ages and instructor will stress fun and function. Trip on the mountain is slated for March 27 and 28. Fees includes instruction, lodging, hot tub, sauna. For more information, call 476-2078.

24 wednesday

GI SEMINAR: Ramun Muthusamy, fellow, GI Division, presents "Evaluation of Occult Blood Loss: Efficacy and Cost-Effectiveness," 8-9 a.m., S 214, Parnassus.

FINANCE DAY: Human Resources' Benefits & Financial Planning sponsors "Finance Day Open House" for UC employees, 8:30 a.m.-3 p.m., MU Conference Center, Parnassus. Faculty and staff will have an opportunity to learn more about University sponsored benefits programs. Representatives from the various vendors will be on hand to answer questions.

GI GRAND ROUNDS: Chung Owyang, H. Marin Pollard collegiate professor in GI, University of Michigan, presents "New Insights on the Pathogenesis and Treatment of Diabetic Gastroparesis," 9-10 a.m., S 214, Parnassus.

BLOOD DRIVE: Donate blood, 10 a.m.-3:30 p.m., S 118 (Chancellor's Conference Room), Parnassus. Tasty refreshments and great raffle prizes. Call 476-6989.

FASHION TRUNK SHOW: See upcoming events.

BROWN BAG LECTURE: Anita Stewart, professor in residence, Institute for Health & Aging and director, Center for Healthy and Active Aging, presents "Healthy Aging," 12:10 p.m., HSW 300, Parnassus. Sponsored by Public Service Programs. Call 476-4394.

COMMONWEALTH CLUB LECTURE: Saul E. Rosenberg, associate clinical professor, psychiatry, presents "Conquering Procrastination, Enhancing Productivity," 4:45 p.m., 595 Market St., San Francisco. Fees. Sponsored by Public Service Programs. Call 476-6547.

UROLOGY SEMINAR: Frank Hinman Jr. presents "Pathophysiology of Urinary Tract Infection in Pregnancy," 5-6 p.m., M 464, Parnassus. Sponsored by the department of urology.

RESEARCH CONFERENCE: Tom Lue presents "LOH on Chromosome 9 in Renal Cell Carcinoma, with Immunohistochemical Confirmation," 6-7 p.m., M 464, Parnassus. Sponsored by the department of urology.

25 thursday

FASHION TRUNK SHOW: See upcoming events.

MEDICAL GRAND ROUNDS: Andrew B. Bindman, associate professor, medicine, epidemiology & biostatistics and chief, division of general internal medicine, SFGHMC, presents "Update in Health Policy," noon-1 p.m., N 225, Parnassus. Sponsored by the department of medicine. Call 502-2762.

CHANCELLOR'S CONCERT: Robin Sharp, violin and Lori Lack, piano, perform Dvorak's Romance and Brahms' Sonata in G major, 12:15-12:45 p.m., Cole Hall, Parnassus. Free.

27 saturday

LOW FAT COOKING WORKSHOP: Christine Leishman, meal planning specialist and former assistant chef, Greens and Stars restaurants, presents "Spring Salads," 11:30 a.m.-1:30 p.m., 5th & Irving. This workshop includes the meal preparation session and handouts. Fees. Call 476-0350.

29 monday

QI GONG CLASS: See March 22 listing.

30 tuesday

GRAND ROUNDS: Residents forum, 8 a.m., C 701, Parnassus. Sponsored by the department of oral & maxillofacial surgery.

LECTURE & BOOK SIGNING: See upcoming events for details.

BENEFIT BOOK FAIR: Books Are Fun Inc. holds a book sale to benefit the Hospitals Auxiliary of UCSF Medical Center, part of UCSF Stanford Health Care, through April 2, 8 a.m.-5 p.m., Ambulatory Care Breezeway, Parnassus. On sale are books, stationery and gifts, all at discount prices. Call 476-4906.

31 wednesday

BUILDING SKILLS: The American Management Association offers a course titled "Partnering with Your Supervisor: Strategic Skills for Administrative Assistants," Laurel Heights, room 307. Learn a variety of skills to be more effective at work. Enroll online at: http://training.ucsf.edu or call Human Resources at 476-3637.

BROWN BAG LECTURE: Kirsten K. Vin-Christian, clinical instructor, dermatology, UCSF Stanford Health Care, presents "Face Fixers," 12:10 p.m., HSW 300, Parnassus. Learn about cosmetic dermatologic solutions to look better. Sponsored by Public Service Programs. Call 476-4394.

URORADIOLOGY CONFERENCE: Emil A. Tanagho and Hedvig Hricak present "Uroradiology Conference," 6-7 p.m., M 464, Parnassus.

NEUROLOGY CONFERENCE: Wendy Leng presents "Neurological Disease and Voiding Dysfunction," 6-7 p.m., M 464, Parnassus. Sponsored by the department of urology.

APRIL

1 thursday

PASSOVER

CHANCELLOR'S CONCERT: Robert Waters, violin, Tanya Tomkins, cello and Aglika Angelova, piano, perform Mozart's Trio in B flat major, KV 254 and Dubussy's Premier Trio en Sol, 12:15-12:45 p.m., Cole Hall, Parnassus. Free.

CHAMBER MUSIC LESSONS: Millberry Programs & Services offers "Chamber Music," 6-7 p.m., April 1 through May 20. Learn to play music with other students in small ensembles. Basic knowledge and proficiency on a string, keyboard or wind instrument required. Fees. To audition individually or with a preformed group, call 566-2676.

upcoming events

Doctor Dean Ornish will discuss healthy habits on March 30. See upcoming events for details.

Fashion trunk show

Fashion designer Heidi Rossbach will show her line in the Friend to Friend boutique at two trunk shows on Wednesday and Thursday, March 24 and 25, from 10 a.m. to 5 p.m., 2365 Sutter St., San Francisco.

Rossbach is the owner and chief designer of Chapeau Atelier, a small fashion house specializing in exclusive designs using exotic fabrics. Her line is more 'upscale' than much of what is available for patients at the store.

Rossbach will donate 30 percent of her profits from this show to cancer research, as she does with all such showings.

Run and staffed by volunteers, most of whom are cancer survivors, the Friend to Friend boutique specializes in the needs of cancer patients, selling wigs, prosthetic devices and clothing designed with them in mind. For more information, call 353-7776.

Ornish to lecture

Dean Ornish, clinical professor of medicine and an original organizer of the Osher Center for Integrative Medicine at UCSF, will discuss the transformational power of love and lifestyle changes to reverse heart disease, on Tuesday, March 30, 7 p.m., Millberry Union Conference Center, Parnassus.

For the past 21 years, Ornish has directed clinical research demonstrating — for the first time — that comprehensive lifestyle change may begin to reverse even severe coronary artery disease, without drugs or surgery. The author of five best-selling books, Ornish will sign copies of his new book, "Love and Survival." For more information, call 476-9705.

Benefit for patients

Children who need bone marrow transplants are chef Gordon Drysdale's "fine cause" as he hosts "Fine Eats, Fine Art, Fine Music, Fine Cause" on Friday, April 16 to launch his new restaurant.

The benefit will take place from 6:30 to 10:30 p.m. at 500 Florida Street at Mariposa in San Francisco.

The event will raise money for the Pediatric Bone Marrow Transplant Unit at Lucile Packard Children's Health Services at UCSF, part of UCSF Stanford Health Care.

"Funds raised at the event will provide resources and support for our patients with life-threatening diseases, to help them and their families manage during the lengthy hospitalization that is necessary for each transplant," says Morton J. Cowan, professor of pediatrics at UCSF and founding director of the Pediatric Bone Marrow Transplant Program.

Drysdale is the former chef at Bix and current chef at Caffe Museo at the San Francisco Museum of Modern Art. His new venture showcases the work of local artists and performers.

The $75 ticket cost includes hors d'oeuvres and buffet dinner, music and fine art. Call 502-8389 for more information.

Women's summit

Alicia F. Lieberman, UCSF professor of psychology and director of the Child Trauma Research Project at San Francisco General Hospital Medical Center, will be a featured speaker at the second annual Mayor's Summit for Women in San Francisco, to be held on Friday, April 16 at the Moscone Convention Center.

Other speakers at the summit include Oprah Winfrey; Delaine Eastin, State Superintendent of Public Instruction; and Marianne J. Legato, an internationally recognized researcher and professor of clinical medicine at Columbia University.

Call 800/255-3976 for tickets.

Nicoll to give faculty research lecture

Neuroscientist Roger A. Nicoll has been named the 1999 Faculty Research Lecturer, considered the foremost recognition of scientific achievement bestowed on an Academic Senate faculty member at UCSF.

Nicoll, a professor of cellular and molecular pharmacology and physiology, will deliver the 42nd Faculty Research Lecture on Tuesday, April 20, 2 p.m., in Cole Hall. The title of his talk will be "Cracking the Tough Nut: A Journey into the Inner Workings of the Brain."

A member of the W.M. Keck Foundation Center for Integrative Neuroscience at UCSF, Nicoll's studies have tracked the neurotransmitters and other chemicals that communicate between nerves cells, which could underlie memory and learning.